

CREAM: Are You Getting Yours?

- I. G-D made Himself known to Abraham, Isaac, and Jacob as El-Shaddai (Genesis 17:1)
 - a. The Almighty, The Breasted One
 - b. WHY the Breasted One?
 - c. Midrash - Shomer Delatot Yisrael: Played out in the Pesach
- II. Colostrum
 - a. What is Colostrum?
 - b. When we first come to know the L-RD – Parental Bonding
 - c. Babes in Messiah
 - d. We need the basics and the antibodies
 - e. Helps our spiritual system prepare for heavenly food
- III. Foremilk
 - a. What is Foremilk?
 - b. Once we have passed that initial stage of receiving
 - c. We're no longer brand new in the L-RD
 - d. Daily devotions and prayer time...Are they short?
 - e. Spiritual colic, weight loss, sore and cracked nipples
 - f. Frustrated, whiney, fearful
- IV. Hindmilk
 - a. What is Hindmilk?
 - b. Takes time, have to get past the foremilk
 - c. Soaking in the L-RD through time spent with Him
 - d. Shut up and listen, read His word with an open h(ear)t
 - e. Spiritual strength, health, IQ, etc...is directly related to how much hindmilk you are getting
- V. Conclusion
 - a. You cannot grow into a healthy and mature believer if you “nurse” for 15 minutes
 - b. The fat comes from being in His presence ALONE!!! (You don't nurse with someone else!)
 - c. If you are frustrated with your walk, maturity, and power, you must spend the time to get past the quick fix of the watered down time in His presence and instead latch on until the download is complete. You will know when your “nursing” time is up.

- d. Don't expect a drive-through quick fix, real food and real health takes time. Real growth in the L-RD requires intimate bonding time with your provider, with your Father, with El-Shaddai.