

Spiritual Roots of Disease – Examples

Is there a connection between disease and sin (sin is defined as missing the mark resulting in separation from God)? Consider the following familiar account of *Yeshua* healing a paralyzed man in Capernaum:

¹When He returned to Capernaum after some days, it was heard that He was at the house. ²So many were gathered that there was no longer room for them even outside the door. He kept proclaiming the word to them. ³Some people came bringing to Him a paralyzed man, carried by four men. ⁴When they couldn't get near Yeshua because of the crowd, they removed the roof where He was. After digging through, they lowered the mat on which the paralyzed man was lying. ⁵Yeshua, seeing their faith, said to the paralyzed man, "Son, your sins are forgiven." ⁶But some of the Torah scholars were sitting there, questioning in their hearts, ⁷"Why does this fellow speak like this? He blasphemes! Who can pardon sins but God alone?" ⁸Immediately Yeshua, knowing in His spirit that they were raising questions this way within themselves, said to them, "Why are you questioning these things in your hearts? ⁹Which is easier, to say to the paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, and take your mat and walk'? ¹⁰But so you may know that the Son of Man has authority to pardon sins on earth. . . ." He tells the paralyzed man, ¹¹"I tell you, get up, take your mat and go home!" ¹²At once the man got up, took his mat, and walked before them all. They were all astonished and glorified God, saying, "We've never seen anything like this!" (Mark 2:1-12)

Do you suppose that *Yeshua* was interested in complete healing for the paralytic man by not only healing his paralysis but also healing the root cause of his disease (sin)? I am convinced that there is so much more in Scripture than we understand and only by the Holy Spirit are the depths of God's Word opened to us. *Yeshua* healed the man's spirit and also his disease, but his spiritual healing came first. You see the root cause of many diseases is separation from God brought about by sin in our lives. In today's message I want to bring this series to a close by examining two common disease types and their spiritual roots. I will be sharing from *Exposing the Spiritual Roots of Disease* a book by Dr. Henry Wright published in October 2019.

Case 1 The Spiritual Roots of Allergies

According to Dr. Wright, the primary spiritual root cause of allergies – both multiple and simple – is fear. Especially fear in our relationships. Fear is not from God: *"⁷For God has not given us a spirit of fear, but of power and of love and of a sound mind"* (2 Tim. 1:7). Fear is an *evil spirit* that wants to tempt us and control us. Fear is a spirit that comes from Satan's hidden kingdom. According to Hebrew 11:2, "Faith is the substance of things hoped for, the evidence of things not seen." On the opposite side, fear is the substance of things we do not hope for! Faith and fear are equal in these two ways: they both project into the future and they both demand to be fulfilled. But God has given us powerful antidotes against fear: *"I sought the Lord and he heard me, and delivered me from all of my fears"* (Ps. 34:4) and *"¹⁸There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love"* (1 John 4:18).

(Read Exposing the Spiritual Roots of Disease page 93 to the top of page 96)

Case 2 The Spiritual Roots of Stress Disorders

There is excessive stress in America. The Anxiety and Depression Association of America reports, "Anxiety disorders are the most common mental illness in the U.S., affecting 40 million adults in the United States age 18 or older, or 18.1% of the population every year," with 36.9% of those suffering receiving treatment. In a NIOSH report it states that 75% of employees believe that "workers have more on-the-job stress than a generation ago." In an American Psychological Association (APA) survey, "77% reported regularly experiencing physical symptoms caused by stress, and 73% regularly experienced psychological symptoms caused by stress." We live in a culture that demands perfection in that everything is judged by performance. Society does not make allowances for people's failures. But while today's society may not make provision for failure, God does: *"For though the righteous one may fall seven times, he gets up again, but the wicked stumble in adversity"* (Prov. 24:16) and *"²⁴Though he stumble, he will not fall headlong, for Adonai is holding his hand"* (Psalm

37:24). Stress disorders or syndromes are a result of fear, anxiety, stress, guilt, and shame. With stress disorders, the enemy causes you to lose your peace by producing fearful thoughts in you that affect your central nervous system. You begin to feel pain, have brain fog, and experience a host of other symptoms and then you need medication to manage it. Among the most common stress disorders are fibromyalgia, chronic-fatigue syndrome, type 2 diabetes, hypertension, irritable bowel syndrome, ulcerative colitis, chronic insomnia, migraines and acid reflux. If you have unresolved fear, anxiety, and stress you don't have any power. You do not have a sound mind because it is filled with stressful thoughts and imaginations. You are not able to give and receive love without fear. Also, if you did not feel loved during your childhood, you probably won't feel loved by other people now. What joins you in the vacuum of no love is none other than the spirit of fear.

Do not let that person be you! Do not be ruled by the fear of man: *“Fear of man will prove to be a snare, but one who trusts in Adonai will be kept safe” (Prov. 29:25) “⁶so that with confidence we say, ‘The Lord is my helper; I will not fear’” (Hebrews 13:6).* Getting rid of fear in your life is a powerful gateway to your freedom from illness. We know the real solution to these illnesses is to align your spirit and souls with the Word of God, to meditate on the Word and walk in it until it becomes part of your long-term memory, thereby replacing the stress-filled lies of the enemy. Then peace – not fear and stress – will reign in your heart and mind.

(Read Exposing the Spiritual Roots of Disease page 173 to the middle of page 175)

The spiritual root behind fibromyalgia is fear, anxiety, stress, drivenness and perfectionism. The spirit of fear in the realm of consciousness triggers it. The root in chronic fatigue syndrome is stress, and behind it is a drivenness to earn approval and love from an authority figure, usually a parent. The root of type 2 diabetes is a person struggling with fear of failing others. The root of irritable bowel syndrome, especially in women are those who were physically or verbally abused by their fathers. The cure to ulcerative colitis, as with other stress disorders, is to repent of the fear and anxiety, to cast down those temptations, and to renew your mind in the Word of God. The root behind a leaky gut is fear, anxiety and stress. The root behind acid reflux is gaining freedom from fear, anxiety, and stress.

The root behind migraines is two fold: a person is having an internal conflict about an external conflict. The external conflict is an open door for fear, which releases histamine, and then the person feels guilt about having this conflict and how they are handling it. It may be a conflict over a relationship problem, a work situation, parenting children, or something else. We prescribe that migraine sufferers repent of the fear and self-rejection that is tormenting them. That they resolve their inner conflict over an external conflict by taking their peace from God and trusting Him with the relationship, the parenting issue, or whatever else the underlying conflict might be.

The root behind chronic insomnia is fear, anxiety, and stress disorder that is brought about by a spirit of fear that projects real or imagined fears onto the hypothalamus. When the hypothalamus senses stress, it will not rest until the stress is resolved. The hypothalamus also controls sleep patterns, so when it is stimulated by stress, it will not allow the body to get into a sleep pattern. You resolve the stress when you take your peace from trusting the Lord for the answer to your stress situation and accept the Father (*Adonai Shalom*), Son (*Saar Shalom*) and the Holy Spirit (*Ruach Shalom*) of Peace: *“You keep in perfect peace (shalom-shalom) one whose mind is stayed on You, because he trusts in You” (Isaiah 26:3).*

Finally the root for asthma is the fear of abandonment. The root of overeating is a fear of rejection, fear of man, fear of failure and the fear of abandonment. In summary, therefore let's get rid of the root of fear, anxiety and its comrades and begin to enjoy *“Life and life more abundantly.”*

(Read Exposing the Spiritual Roots of Disease page 188 to the top of page 189)

Application: Prayer to Resolve the Spirit of Fear and Anxiety